

Energy, Power & Sexuality Women's Weekend Intensive

With

Georgia Brown, Linda Savage, Karen Troxell & Susan Murray
April 25th-27th. Starts Friday @ 7:00 PM to Sunday @ 2:30 PM
Held at a private retreat in Escondido, CA

During this intensive we will:

- * Open channels for energy to flow
- * Build reservoirs of support
- * Link with our soul's vision
- * Direct it to transform self in the world



Energy, power and sexuality in women are inextricably woven streams. Yet our cultural formatting defines sexuality, even when liberated, as something to be contained until an acceptable act of sex. In such a context, no wonder women struggle with energy and power.

Back when God was a woman, and women were sacred vessels, girls would be sent to the temple to be initiated as a part of their coming of age. Through breath, movement and story, they would learn to build the inner vessel in order to support the awakening life-streams. Once a girl had opened to and tamed the natural currents that flowed through her body as her own... only then would she be ready to love and experience sexual initiation with a partner.

Together we will create space to awaken the connection of pure energy to the sexual body. We will heal old stories and explore new ways of being in aliveness. We will build community with a Mesa ceremony after clearing energetically. Saturday will be a day of freshly juiced fruits and veggies, yoga, breath-work, dance, sharing, and Q&A on all things sexual and energetic. Then using ceremony, we will move into rich Journey-exploration. Sunday will include a healing energy exchange, breaking of fast, integration and closing ceremony.

Georgia Brown is a graduate of the Luminous Body Integral School of Energy medicine and an Oya Initiate of the Yoruba spiritual traditions as taught by Mother Taylor.

Linda Savage Ph.D., author of *Reclaiming Goddess Sexuality*, is a certified sex educator and facilitator of women's groups for over 15 years.

Karen Troxell received Shakti dance training from Star Lilien, is the founder of Transformational Movement and trained in Lokananda Yoga

Susan Murray is a certified Tibetan bowl practitioner and teacher who has used sacred sound to facilitate meditative and transformational processes for many years.

Fee \$550, Deposit of \$100.00 due by March 25, 2014

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